



Insight Garden Program transforms lives through connection to nature. We facilitate innovative classes in ten prisons in California that include gardening, leadership development, re-entry skills, and landscaping training so that people can reconnect to self, community, and the natural world. This “inner” and “outer” gardening approach transforms lives, ends ongoing cycles of incarceration, and creates safer prison environments and communities

Insight Garden Program seeks volunteers who can commit to work at least one day a month. Volunteers help facilitate IGP’s eco-literacy curriculum, including meditation, small group activities, and garden maintenance.



More information on our nationally recognized program is available here: <http://insightgardenprogram.org/>

**“This program gives me some peace and understanding of nature and its surroundings, happiness, joy and freedom! I am looking forward to learning more in depth about gardening and plants of all different types.”**

#### **Time commitment**

**1-4 sessions per month (2-4 preferred)**

**Tuesday mornings 8:15–11:30** at California State Prison-Mule Creek, Lone.

Or **Wednesday mornings 8:15–11:15** at O.H. Close Juvenile Facility, Stockton

Or **Wednesday mornings 9:30 AM–1:30 PM** at California State Prison-Solano, Vacaville

Or **Thursday mornings 9:15 AM–12:30 PM** at California Health Care Facility, Stockton

Or **Friday mornings 8:15–11:15 AM** at California Medical Facility, Vacaville.

Or **Saturday mornings 8:15–11:15** at Folsom Women’s Facility, Folsom.

You must have access to a car to get to the prison/facility, and be at least 21 years old.

If you are interested in volunteering, please contact  
Amy Boyer at [amy@insightgardenprogram.org](mailto:amy@insightgardenprogram.org)