Parenting In A Pandemic: A Student Parent Support Group

The Parenting in a Pandemic Initiative aims to support parents of the UC Davis community in navigating the changing landscapes of the pandemic and keeping children and families safe and fully able to pursue educational opportunities. It takes a village – especially at a time of crisis. This group for student parents and their partners will provide space for the expert-guided discussions with the goal of maintaining health and wellbeing amidst the pandemic.

All events will be held virtually and will be limited to 25 participants. See below to register for each event. To support local businesses and create a feeling of community, attendees of each webinar will receive a gift card with the $15 value to one of Davis' eateries.

Doing It All When Your Children Are Small in a Pandemic: Ideas and Strategies For Student Parents and Their Partners

Time: 12pm-1pm
Monday, November 29, 2021
Registration:
https://tinyurl.com/y63tjupt

Dr. Diane Wolf, Ph.D.
Professor of Sociology
Faculty Assistant to the Vice-Provost of Academic Affairs
Certified Postpartum Doula

Maintain Tween and Teen Emotional and Mental Health in the Times of COVID-19

Time: 11am-12pm
Wednesday, December 8, 2021
Registration:
https://tinyurl.com/4bwcmyr

Tracy A. Thomas, MA
Licensed Marriage and Family Therapist,
Community Counselor Student Health and Counseling Services, UC Davis

Little People, Big Worries: Understanding Childhood Anxiety and Fostering Resilience During COVID-19 Pandemic

Time: 10am-11am
Monday, December 13, 2021
Registration:
https://tinyurl.com/h9d5t849

Dr. Rebecca Hershberg, Ph.D.
Clinical psychologist of early childhood social-emotional development and mental health, Founder of Little House Calls Psychological Services