

Join the 2019–2020

TA WELL-BEING PROGRAM

Connect with a network of TAs and learn about well-being for yourself and your students

By joining the TA Well-Being Program you will:

Receive weekly emails that provide well-being tips and resources for you and your students



Attend workshops to meet other TA's and learn about resources available to support your own well-being and professional development

Learn tools for creating conditions for well-being within labs and classrooms



Be invited to a vibrant community to stay connected and share your experiences with one another

UC DAVIS
Center for Educational Effectiveness
Office of Undergraduate Education

UC DAVIS
STUDENT HEALTH AND
COUNSELING SERVICES

To join the 2019-2020 TA Well-Being Program, visit <http://bit.ly/TAWB2019>. Participants will earn a TA Well-Being Certification upon program completion.